POSSIBLE PSYCHOTHERAPISTS IN THE AREA TO CONTACT FOR YOU OR YOUR CHILD'S THERAPY NEEDS:

InterprotLocationContact NumberRhaina Smeds, PsyDFt. Pierce772-485-4008Desirae Thomas, LCSWFt. Pierce772-485-4008Deris Riggs, LMFTJensen Beach772-426-9955Elisa Horton, LMHCPalm City772-675-1507Joe West, LMHCPalm City772-675-1507Joe West, LMHCPalm City772-287-6042Bunny Berman, LCSWPort St. Lucie/St. Lucie West772-732-3638Kirstin Anastasia, APRNPort St. Lucie/St. Lucie West772-237-3638Kirstin Anastasia, APRNPort St. Lucie/St. Lucie West772-238-8144Ashley Bryant, LMHCPort St. Lucie/St. Lucie West772-738-7147Mind Mental Health SolutionsPort St. Lucie/St. Lucie West772-738-7147Susana Lopez-Sierra, LCSWPort St. Lucie/St. Lucie West772-758-7147Colleen McGuirl, LCSWPort St. Lucie/St. Lucie West772-758-7147Colleen McGuirl, LCSWPort St. Lucie/St. Lucie West772-203-9639Change of Mind (Bettie Girard, LCSW)Port St. Lucie/St. Lucie West772-201-2869Karina Priest, LMHCPort St. Lucie/St. Lucie West772-291-5978Tiffany Rodgers, LCSWPort St. Lucie/St. Lucie West772-291-5978Tiffany Rodgers, LCSWPort St. Lucie/St. Lucie West772-210-3661Alexandria Sones, LCSWPort St. Lucie/St. Lucie West772-210-3661Alexandria Sones, LCSWPort St. Lucie/St. Lucie West772-219-32894Andrea Tang, LMHCPort St. Lucie/St. Lucie West772-210-3661Alexandria Sones, LCSWS	Therapist	Location	Contact Number
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Kate Priest, LCSWPort St. Lucie/St. Lucie West772-291-5978Tiffany Rodgers, LCSWPort St. Lucie/St. Lucie West772-248-4349Justine Sommers, LMHCPort St. Lucie/St. Lucie West772-210-3661Alexandria Sones, LCSWPort St. Lucie/St. Lucie West772-932-8994Andrea Tang, LMHCPort St. Lucie/St. Lucie West772-675-3288Kevin Braley, LMHCStuart772-286-4613Michelle Byers, LCSWStuart772-286-8826Sarah Coleman, Ph.D.Stuart772-237-4116Caroline Edwards, LMFTStuart772-245-6951Stacey Hellow, LCSWStuart772-242-9706Judith Horvath, Ph.D.Stuart772-672-7089Alison Palombi, LMHCStuart772-475-5702Leslie Soulek, LCSWStuart772-475-5702Leslie Soulek, LCSWStuart772-247-0729Shawn Sorensen, Ph.D.Stuart772-247-0729Shawn Sorensen, Ph.D.Stuart772-692-4410Jessica Singh, LMHCVero Beach407-890-0262	Kris Parker, LMHC	Port St. Lucie/St. Lucie West	775-200-2869
Tiffany Rodgers, LCSWPort St. Lucie/St. Lucie West772-248-4349Justine Sommers, LMHCPort St. Lucie/St. Lucie West772-210-3661Alexandria Sones, LCSWPort St. Lucie/St. Lucie West772-932-8994Andrea Tang, LMHCPort St. Lucie/St. Lucie West772-675-3288Kevin Braley, LMHCStuart772-286-4613Michelle Byers, LCSWStuart772-246-8826Sarah Coleman, Ph.D.Stuart772-245-6951Gina Eaton, LCSWStuart772-219-9566Stacey Hellow, LCSWStuart772-242-9706Judith Horvath, Ph.D.Stuart772-672-7089Alison Palombi, LMHCStuart772-410-4641Sherri Radcliffe, LCSWStuart772-247-0729Shawn Sorensen, Ph.D.Stuart772-247-0729Shawn Sorensen, Ph.D.Stuart772-247-0729Jessica Singh, LMHCVero Beach407-890-0262	Karina Priest, LMHC	Port St. Lucie/St. Lucie West	561-404-5376
Justine Sommers, LMHCPort St. Lucie/St. Lucie West772-210-3661Alexandria Sones, LCSWPort St. Lucie/St. Lucie West772-932-8994Andrea Tang, LMHCPort St. Lucie/St. Lucie West772-675-3288Kevin Braley, LMHCStuart772-286-4613Michelle Byers, LCSWStuart772-286-8826Sarah Coleman, Ph.D.Stuart772-245-6951Gina Eaton, LCSWStuart772-219-9566Stacey Hellow, LCSWStuart772-242-9706Judith Horvath, Ph.D.Stuart772-672-7089Alison Palombi, LMHCStuart772-410-4641Sherri Radcliffe, LCSWStuart772-475-5702Leslie Soulek, LCSWStuart772-247-0729Shawn Sorensen, Ph.D.Stuart772-692-4410Jessica Singh, LMHCVero Beach407-890-0262	Kate Priest, LCSW	Port St. Lucie/St. Lucie West	772-291-5978
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Andrea Tang, LMHCPort St. Lucie/St. Lucie West772-675-3288Kevin Braley, LMHCStuart772-286-4613Michelle Byers, LCSWStuart772-286-8826Sarah Coleman, Ph.D.Stuart772-245-6951Gina Eaton, LCSWStuart772-337-4116Caroline Edwards, LMFTStuart772-219-9566Stacey Hellow, LCSWStuart772-672-7089Judith Horvath, Ph.D.Stuart772-672-7089Alison Palombi, LMHCStuart772-410-4641Sherri Radcliffe, LCSWStuart772-247-5702Leslie Soulek, LCSWStuart772-247-0729Shawn Sorensen, Ph.D.Stuart772-692-4410Jessica Singh, LMHCVero Beach407-890-0262	Justine Sommers, LMHC	Port St. Lucie/St. Lucie West	772-210-3661
Kevin Braley, LMHCStuart772-286-4613Michelle Byers, LCSWStuart772-286-8826Sarah Coleman, Ph.D.Stuart772-245-6951Gina Eaton, LCSWStuart772-337-4116Caroline Edwards, LMFTStuart772-219-9566Stacey Hellow, LCSWStuart772-672-7089Judith Horvath, Ph.D.Stuart772-672-7089Alison Palombi, LMHCStuart772-410-4641Sherri Radcliffe, LCSWStuart772-475-5702Leslie Soulek, LCSWStuart772-247-0729Shawn Sorensen, Ph.D.Stuart772-692-4410Jessica Singh, LMHCVero Beach407-890-0262	Alexandria Sones, LCSW	Port St. Lucie/St. Lucie West	772-932-8994
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Sarah Coleman, Ph.D.Stuart772-245-6951Gina Eaton, LCSWStuart772-337-4116Caroline Edwards, LMFTStuart772-219-9566Stacey Hellow, LCSWStuart772-242-9706Judith Horvath, Ph.D.Stuart772-672-7089Alison Palombi, LMHCStuart772-410-4641Sherri Radcliffe, LCSWStuart772-475-5702Leslie Soulek, LCSWStuart772-247-0729Shawn Sorensen, Ph.D.Stuart772-692-4410Jessica Singh, LMHCVero Beach407-890-0262	Kevin Braley, LMHC	Stuart	772-286-4613
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Judith Horvath, Ph.D.Stuart772-672-7089Alison Palombi, LMHCStuart772-410-4641Sherri Radcliffe, LCSWStuart772-475-5702Leslie Soulek, LCSWStuart772-247-0729Shawn Sorensen, Ph.D.Stuart772-692-4410Jessica Singh, LMHCVero Beach407-890-0262	Caroline Edwards, LMFT	Stuart	772-219-9566
Alison Palombi, LMHCStuart772-410-4641Sherri Radcliffe, LCSWStuart772-475-5702Leslie Soulek, LCSWStuart772-247-0729Shawn Sorensen, Ph.D.Stuart772-692-4410Jessica Singh, LMHCVero Beach407-890-0262	Stacey Hellow, LCSW	Stuart	772-242-9706
Sherri Radcliffe, LCSWStuart772-475-5702Leslie Soulek, LCSWStuart772-247-0729Shawn Sorensen, Ph.D.Stuart772-692-4410Jessica Singh, LMHCVero Beach407-890-0262	Judith Horvath, Ph.D.	Stuart	772-672-7089
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Jessica Singh, LMHC Vero Beach 407-890-0262			
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Bolded names accept Medicare patients (as well as other insurances)

For more good psychotherapists in Vero Beach go to: psychologytoday.com

Last updated 12.23.2023

Mobile Apps:

mytherapy: helps you keep reminders of when to take your meds and also reminds you of when you are running low on your supply!

LIST OF LOCAL COMMUNITY RESOURCES

Local psychiatric inpatient units:

Coral Shores Behavioral Health, 5995 SE Community Dr., Stuart, FL, 772-403-4000 Lawnwood Regional Medical Center, 1700 SE 23rd St., Fort Pierce, FL 772-461-4000 New Horizons, 4500 West Midway Road, Fort Pierce, FL, 772-468-3909 Port St. Lucie Hospital, 2550 SE Walton Rd., Port St. Lucie, FL 772-238-7734

Parents of Estranged Adult Children (PEACInternational): SafeSpace, 612 NE Dixie Highway, Stuart, FL 34994 24 hour crisis hotline 772-288-7023, <u>www.PEACInternational.org</u> (online support group for parents of estranged adult children)

For Help Paying for Meds:

<u>Patient Assistance Programs (PAPs)</u>: PAPs are sponsored by pharmaceutical companies and provide free or discounted prescriptions to low-to-moderate income, uninsured and under-insured patients who meet certain guidelines. For more info, please visit the respective websites.

<u>NeedyMeds</u>: Helps people of all ages, with and without insurance, locate Patient Assistance Programs, free/low cost clinics, state programs and offer a free NeedyMeds Drug Discount Card. Phone 978-865-4115. <u>www.needymeds.org</u>

<u>RxAssist Website</u>: Helps you find information about free and low cost medicine programs and other ways to manage your medication costs in their online Patient Assistance Program Center. <u>www.rxassist.org</u>

Ardie R. Copas State Veteran's Nursing Home, Tradition Florida is open and taking applications. Contact Admissions Coordinator Ms. Devin Calvin Joyner 772-241-6132 or for more information email <u>JoynerD@FDVA.STATE.FL.US</u>

Below is a list of professional associations, crisis hotlines and other helpful resources when you are in crisis or on the verge of a crisis:

<u>988 Suicide Prevention & Crisis Lifeline</u>: If you or someone you know is in crisis and whether they are considering suicide or not, call the toll-free lifeline number to speak with a trained counselor 24/7, and they will connect you with a crisis center in the Lifeline network closest to your location. Call or text 988 or chat <u>www.988lifeline.org</u>

<u>National Alliance on Mental Illness (NAMI) Crisis Text Line</u>: By texting NAMI to 741-741 you will be directly connected with a trained crisis counselor for free.

<u>National Domestic Violence Hotline</u>: Trained expert advocates are available 24/7 to provide confidential support to anyone experiencing domestic violence or seeking resources and information. Help is available in Spanish as well as other languages. Call 800-799-SAFE.

<u>National Sexual Assault Hotline</u>: Connect with trained staff from a local sexual assault service provider who can offer access to a range of free services. Crisis chat support is available at <u>https://www.rainn.org/about-national-sexual-assault-telephone-hotline</u>. Call 800-656-HOPE.

<u>211 Helpline</u>: 24-hour comprehensive helpline providing support and connecting people with crisis, health and human services needs to resources in your community: housing / food / financial assistance / human services / relief from abuse / family issues / depression / childcare and suicide prevention. Call 211 or text your zip code to 898-211